

What is this leaflet for?

It can be quite scary moving to a new home and when you do not know who people are and what they are doing, it can leave you feeling confused and alone.

All the changes that are happening to you now, and people that are around you such as foster carers, social workers and immigration case workers can be quite daunting. Leaving your foster carer's home and running away could feel like the only option you have, but it could lead to you being in lots of danger.

Your foster carers and social worker will support you to access all the services you need and to answer any questions you may have.

If you feel unsafe:

Try to tell your foster carer or social worker what is happening. This can be difficult to do, but they will listen to you.

In the UK, the police will protect you so you can tell them if you are worried that somebody is going to hurt you.

If you leave your foster carer's home and you do not tell them where you are going and do not go back when you say you are going to, they will have to call the police. You will not be in trouble, but your foster carer and social worker will want to find you to make sure you are safe and well.

**IF YOU EVER NEED HELP URGENTLY
POLICE — FIRE— AMBULANCE
CALL 999 AND ASK FOR HELP**

Foster Carer

Name:

Telephone:

Social Worker

Name:

Telephone:



Welcome Leaflet



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MIGRATION

What is a foster carer, social worker and immigration case worker and what do they do?

Foster carers (**foster carers**) are ordinary people who open up their homes to provide a stable family life for young people who are unable to live with their parents.

Foster carers offer a safe and secure home where young people feel valued, respected and cared for.

Foster carers take a real interest in the lives of the young people they look after.

A social worker (**social worker**) is someone whose job it is to help people when they need it most.

Your social worker will help you with many aspects of your life and will be the main point of contact for you and other professionals working with you, such as your foster carer. Your social worker will make sure you understand what is happening to you and help you make decisions.

If you claim asylum you will meet with an immigration solicitor who will provide free legal advice and assistance with your immigration claim.

You will then meet with an immigration case worker for a short interview (**Welfare Interview**) and then a longer interview (**Substantive Interview**).

An interpreter will support you to explain the reasons you left your country, what happened on the journey and what you have experienced since arriving in the United Kingdom.



Being cared for in the UK means feeling safe, nurtured, and included, and being healthy, encouraged and respected. What does that look like?

Feeling Safe means...

You feel protected from harm within your home and you know when things are risky and try to stay away from danger

You are not scared when you go out and about

Being Healthy means...

Your foster carer helps to make sure you eat well, exercise and get help if you feel ill

You feel able to deal with difficult things that might happen in your life

Feeling Included means...

You feel that you belong when you are with your friends, foster carers and in school or college

You get to meet lots of different people and feel that other people want you around

Being Encouraged means...

You are learning new skills and are confident that you can do well

Your foster carer encourages you to do the best that you can

Feeling Nurtured means...

You live in a home that is clean and warm and feel cared for by the people who live there

At home, your foster carer listens when you need them to and helps you learn to look after yourself and make your own decisions

Being Respected means...

You feel that people listen to you before they make decisions which affect you and you are involved in making decisions about your life

You have people who will listen to your views and support your decisions